

History of Afternoon Tea

Dating back to the 1830s, English afternoon tea is credited to the Duchess of Bedford, who wished to alleviate late afternoon hunger pangs by introducing a small 4:00 pm meal served with quantities of tea.


The reason for the English afternoon tea was to keep hunger at bay without spoiling one's appetite before dinner. As luck would have it, she conceived the idea after the Fourth Earl of Sandwich placed a thin slice of meat between slices of bread thus creating a universal eating habit. With these two historic events, afternoon tea became fashionable and allowed friends to meet and exchange the latest society news.

The Oberoi afternoon tea

serves two guests

(available from 15:30 to 18:00 hours)

A selection of homemade finger sandwiches
and canapés

English cucumber and cream cheese on white bread 

Arabic cheese roll 

Egg salad sandwich on brown bread

Smoked salmon crostini

Cheese and turkey ham puff


Classic scones from our bakery
with marmalade, seasonal fruit compote,
clotted mascarpone

A selection of French pastries and petite fours


Macaroons 

Raspberry choux

White chocolate cheese cake

Manjari chocolate cake 

Fresh fruit tart

English fruit cake 

Choice of any two of our specially selected teas,
herbal infusion and coffees

Priced at AED 240 inclusive of 5% VAT and 10% service charge.