#### **Healthy Signatures**

### Egg White Omelette

stuffed with spinach, asparagus, toasted kraftkorn bread

### 

choice of full-fat milk, low-fat milk, almond milk, oat milk, soya milk dates and pistachio | figs and almond | plain

# Buckwheat Porridge 💟 🕖

coconut milk, blueberry, almonds, flax seeds

### Vegan Bircher Muesli 🔛 🕖

green apple, orange, almond milk, organic oat, crushed almonds

#### Granola and Yogurt Parfait (2) (a)



whipped low fat yogurt, honey crystalized granola, fresh berries

#### Cereals |

corn flakes | frosties | all bran | wheat flakes rice crispies | special K | coco pops served with full cream, low fat or soya milk

#### Natural or Fruit Flavored Yogurt

#### Fruit Juices (

orange, watermelon, pineapple, apple, pomegranate, carrot, lemon and mint

**Green Juice** - green apple, kale, cucumber, spinach, romaine lettuce, celery, ginger

Rejuvenate juice - green apple, beetroot, kale, red apple, spinach, cucumber, romaine lettuce, basil leaves, celery, hibiscus, ginger

💿 - Vegetarian; 🔼 - Contains egg, meat or seafood; 💟 - Vegan

(\*) - Contains gluten ; (?) - Contains nuts ; (\*) - Sustainable, Local, Organic Please let your server know in case of any dietary preferences that you may have

# Traditional Egg Preparations (a) Free Range Eggs 🔼 sunny side up | over easy | turn over | scrambled | poached | boiled Omelette 🔼 free range eggs with your choice of filling: mushroom | onion | tomato | bell pepper | spinach herbs | cheese | smoked salmon | turkev ham Benedict (4) poached eggs, turkey ham, hollandaise sauce, steamed brioche Royale 🔺 🞯 🕸 poached eggs, smoked salmon, hollandaise sauce, steamed brioche Florentine (4) poached eggs, wilted baby spinach, mornay sauce, steamed brioche Egg Bhurji 🔼 🥕 Indian style scrambled egg with onion, tomato, green chili, cilantro, turmeric Choice of turkey or beef bacon, chicken or beef sausages. Signature Egg Preparations (a) Avocado Toast (4) poached eggs, mashed avocado, paprika sea salt, kraftkorn toast Truffle Mushroom (A) (B) poached eggs, sautéed mushrooms, white truffle hollandaise, maize toast Ham Croissant (4) turkey ham, mornay sauce, gruyere cheese, rocket leaves

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creamy scrambled eggs, crème fraiche, chives, puff pastry

French Scramble (\*)

#### **Indian Specialties**

#### Dosa 💿

plain or masala crisp South Indian rice and lentil crepe served with lentil stew and selection of chutneys

## Mysore Dosa

plain or masala South Indian rice and lentil crepe with spicy garlic paste served with lentil stew and selection of chutneys

# Paratha 💿 🛞

plain or stuffed with potato whole wheat bread cooked on a griddle served with mango pickle and yogurt

## Idli 🔳

steamed rice and lentil cakes

### Ghee Podi Idli 💿 🥕

ghee, chutney powder, cilantro served with lentil stew and selection of chutneys

### Uttappam 💽

rice and lentil batter pancakes served with lentil stew and selection of chutneys

# Puri Bhaji 💿 🛞

deep fried wheat bread served with potato curry

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# Middle Eastern Delicacies and Cheese selection Foul medames V Fava beans topped with olive oil, tomatoes, onion and parsley, Arabic bread Poached egg shakshouka (4) harra compote, butter toasted sour dough, za'atar tomato Saj Breads (\*) cheese and za'atar | black sesame and labneh Pan fried Halloumi cheese tomatoes and olives feta, akawi, baladi, tomatoes, cucumber, Arabic bread International cheese platter (\*) crackers, nuts, grapes All our middle eastern delicacies are locally sourced Sweet Delicacies French toast (4) citrus brioche, sugar crusted Pancakes (\$) vanilla bean | ricotta infused with cinnamon and banana | Tiramisu Waffles ▲ (#) classic | nutella and strawberry Sweet Crepe 🛕 🕖 🛞 nutella and strawberry | salted caramel and banana

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Served with crème Chantilly, fruit compote, maple syrup